

# Stephen J. Petteruti, D.O.

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## EDUCATION

|                                                              |             |
|--------------------------------------------------------------|-------------|
| <b>Tufts University</b>                                      | 1982        |
| <i>B.A. Cum Laude, English</i>                               |             |
| <b>Doctor of Osteopathy: D.O.</b>                            | 1987        |
| <i>Philadelphia College of Osteopathic Medicine</i>          |             |
| <b>Internship and Residency</b>                              | 1987 - 1990 |
| Family Practice, Martin Army Hospital, Fort Benning, Georgia |             |
| Full-time Faculty Staff, Accredited by AMA and AOA           |             |
| Dewitt Army Hospital – Fort Belvoir, Virginia                | 1990 - 1994 |
| Full-time Faculty Staff                                      |             |

## BOARD CERTIFICATION

|                                                     |      |
|-----------------------------------------------------|------|
| • Diplomat, National Board of Osteopathic Examiners | 1988 |
| • American Board of Family Practice                 | 1990 |
| • American Board of Bariatric Medicine              | 2005 |
| • ACLS                                              | 2007 |
| • American Academy of Anti-Aging Medicine           | 2012 |

## PROFESSIONAL EXPERIENCE

|                                                                                      |                |
|--------------------------------------------------------------------------------------|----------------|
| <i>Private Practice, Family Practice</i>                                             | 1994 – Present |
| • Manage approximately 4,000 patients                                                |                |
| • Practice is completely electronic                                                  |                |
| • Meaningful Use Medical Home Level 1                                                |                |
| <i>Pawtucket Memorial Emergency Room, Part-Time</i>                                  | 1994 - 1995    |
| <i>Medical Director, South County Nursing Home</i>                                   | 1994 - 1997    |
| <i>House Officer, Kent County Memorial Hospital, Rhode Island</i>                    | 1994 - 1996    |
| <i>Associate Clinical Professor, Brown University Medical School</i>                 | 1995 - 1997    |
| <i>Emergency Room, Independent Contractor</i>                                        | 1998 - 1999    |
| <i>Founder &amp; Medical Director: Dermalite Aesthetic Medicine Center</i>           | 2003 - 2009    |
| <i>Clinical Instructor: – Petteruti Family Medicine</i>                              |                |
| • Supervise and train medical students doing their Family Medicine clinical rotation |                |
| ○ Best practices for innovative leadership and advocacy for family medicine          |                |
| ○ Acute and chronic care                                                             |                |
| ○ Health Promotion/Disease Prevention (HP/DP)                                        |                |
| ○ Bed side teaching on rounds at Kent County Memorial Hospital, RI                   |                |

*The Petteruti Center for Life Extension*

2012 - Present

## Medical Director

- Life Extension Medicine uses advanced medical, hormonal, nutritional, and complementary new techniques to delay the aging process.
- Petteruti Medical Weight Loss gives a non-surgical approach to managing medically significant weight with nutritional, behavioral, and pharmacological therapy.
- Aesthetic Medicine utilizes non-surgical procedures to smooth skin, shrink fat deposits, body sculpt, and reverse the signs of aging and UV damage.

*Dewitt Army Hospital, Fort Belvoir, Virginia*

1990 - 1994

## Staff Physician, Department of Family Practice.

- Behavioral Science Coordinator, Family Practice Residency Program
- ACLS Instructor, ATLS, PALS, Army Combat Casualty Course

## PROFESSIONAL MEMBERSHIPS

- |                                                |      |
|------------------------------------------------|------|
| • The American Academy of Family Physicians    | 1987 |
| • The Obesity Society                          | 2009 |
| • The American Academy of Anti-Aging Medicine  | 2012 |
| • The American Society of Bariatric Physicians | 2006 |
| • Rhode Island Primary Care Physicians         | 2001 |
| • The American Academy of Osteopathy           | 1987 |
| • RI Society of Osteopathic Physicians         | 2010 |

## PRESENTATIONS

- |                                                                                      |      |
|--------------------------------------------------------------------------------------|------|
| SECOM – South Eastern Conference on Osteopathic Medicine                             | 2009 |
| • Advances in Medical Weight Loss                                                    |      |
| Kent County Hospital, Rhode Island                                                   | 2010 |
| • Pathophysiology of Weight Loss                                                     |      |
| SECOM – South Eastern Conference on Osteopathic Medicine                             | 2012 |
| • Advances in Medical Weight Loss                                                    |      |
| The Petteruti Center Lecture Series, Rhode Island                                    | 2013 |
| • Medical Weight Loss - finally the cure                                             |      |
| • Introduction to anti-aging medicine: Living to 100 with a young brain and body     |      |
| • Anti-Aging Medicine: The art and science of male hormone support                   |      |
| • Over-the-counter supplements for weight loss: Understanding the best combinations. |      |
| • Stop the menopausal fade! The magic of bioidentical hormones                       |      |
| • The best and safest drugs for weight loss                                          |      |
| • Medical weight loss: Choosing the best foods and review of most popular diets.     |      |
| • Anti-aging medicine: Reviving and maintaining youthful sexual function for men.    |      |
| • Anti-aging medicine: Reviving and maintaining youthful sexual function for women.  |      |
| • Regenerative medicine: Keeping mom and dad out of the nursing home.                |      |
| • Brain fitness: Preventing dementia and cognitive decline in middle-age.            |      |
| • Cancer prevention: Cellular medicine to reduce your risk.                          |      |
| • Complementary Cancer Care: Living your best life with cancer.                      |      |